HOW TO HOLD THE CAMERA

A sharp photograph results from several factors- all of which are of equal importance. These factors are: properly holding the camera, enough DOF, the lowest ISO setting possible, and a fast enough shutter speed to prevent camera shake.

View From My Lens

Perfect to print A5 size
14cm x 21cm / 5.83" x 8.27"

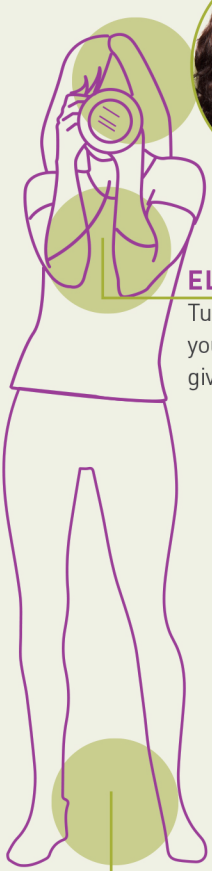


EYEBROW TOUCH

Rest the viewfinder against your eyebrow to create more support.

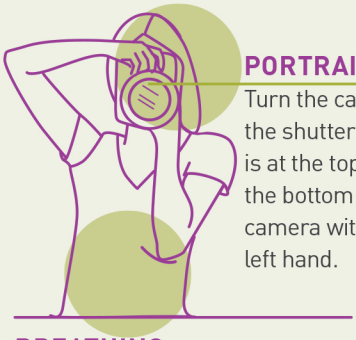
HANDS

Use your right hand to grip the camera body and your index finger to press the shutter release. Cup the lens with your left hand, to create more support and stabilization.



ELBOWS IN

Tuck your elbows in, resting your arms on your sides. This gives you a sturdy support.



PORTRAIT

Turn the camera so the shutter release is at the top. Cradle the bottom of the camera with your left hand.

BREATHING

Breath out when taking a picture. Holding your breath in, creates a subtle shaking body motion.

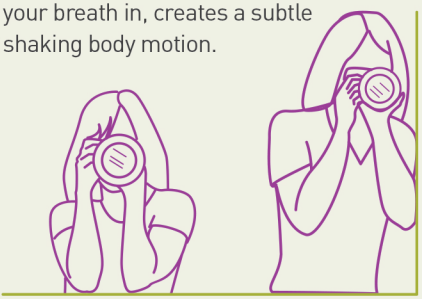


LEGS

Legs should be shoulder-length apart to create balance. If you need to lean in, move one leg forward and bend the knees slightly.

KNEELING

Bring one leg up and rest your elbow on the knee. This basically creates a tripod-like shape.



LEAN IN

Use a wall, flat surface or even another person's shoulder to create support. This is helpful when using a slow shutter speed and a tripod is not available.